

MOVE4MATT STAFF PEDOMETER CHALLENGE

INDIVIDUAL PROGRESS SHEET

TEAM NAME _____ WEEK _____ (1-4)

PARTICIPANTS NAME	MON	TUES	WEDS	THURS	FRI	SAT	SUN	TOTAL OF INDIVIDUAL STEPS
	WK							
	1							
	2							
	3							
	4							
	1							
	2							
	3							
	4							
	1							
	2							
	3							
	4							
							TOTAL:	

MOVE4MATT STAFF PEDOMETER CHALLENGE

GROUP PROGRESS SHEET

TEAM NAME _____ WEEK _____ (1-4)

	MON	TUES	WEDS	THURS	FRI	SAT	SUN	TOTAL TEAM STEPS
WK								
1								
2								
3								
4								
1								
2								
3								
4								
1								
2								
3								
4								
1								
2								
3								
4								
							TOTAL:	

Team Captain to email the sheet to paws@leicester.gov.uk by 5pm on the Friday of each week.